



The Prostate Cancer Support Group at Stonebridge

By attending today's highly informative discussion, in all probability, prostate cancer has been a part of your life – whether directly or through someone close to you. Any cancer diagnosis brings with it uncertainty, fear, anger, sadness, and more. You don't know whom to talk to; whom to listen to. Your family and friends may be wonderful, loving, and supportive, but chances are they have not faced what you are facing. They mean well... they just don't know. Thankfully, you are not alone. There is somewhere to turn for help for both you and your caregiver: support groups.

The **Stonebridge Men's Club** is pleased to announce the formation of a Prostate Cancer Committee. While fund raising will be one component of our efforts, an even more important function is the formation of a **Prostate Cancer Support Group** that will meet monthly here at Stonebridge.

This group is a tight community of people with a similar diagnosis or challenge who gather together to share knowledge, encouragement, and emotional comfort. This is a chance to supplement your doctor's advice with first-hand knowledge from those who have faced these challenges and can share many of the cutting edge treatment options, the best doctors and most experienced centers of excellence. That way, you can make informed choices for your individual situation. You are your best advocate and armed with this knowledge, you are going to get through this.

If you and/or your caregiver want to participate in this resource, please leave your name and e-mail on the adjoining sheet or contact Larry Wolfert at lwolfert@aol.com

Nobody wants to have cancer, but the good news is that there has never been a time of more hope.

Let's do this together.

Announcements of forthcoming meetings will be made via our NABR website